

Checklist - Survival Trip has additional items

Do Bring - (in Large zip lock bags is best)

Mark all your belongings in some way.

- Swimsuits(one piece or dark coverup)
- Personal Clothes that can get stained (include long pants and a light jacket)
- Water Shoes that can get wet and be worn all day. Not just flipflops or sandals - must have protective footwear that can be submersed in water or deep mud!)
- Plus extra footwear
- Hat with brim to shade face/neck (able to get wet/crushed/dirty)
- Towels (2 or 3)
- Environment friendly toiletry articles (Deodorant, soap, shampoo)
- Sleeping bag or sheets/bedding/pillow
- Sunscreen (at least SPF 30)
- BUG SPRAY
- Flashlight
- For personal drinking water...Camel back or water bottle or Two empty 2 liter plastic

soda bottles with lids or its equivalent.

Optional (Nice to have)

- Pen & Notepad
- Pocket knife or sheath
- 5 gallon buckets or waterproof gear bag
- Sunglasses
- Personal First Aid Kit (no oral meds)
- Small foam seating pad - for canoe trips
- Small Camp Stool
- Mesh bag or small backpack to keep items handy while canoeing (sunscreen/bug/spray etc)
- Mosquito head net
- String/rope and small carabiners
- Whistle
- Rain coat/poncho - cheap one
- Sleeping pad/small air mattress
- Glow sticks
- Extra set of clothes to leave at LACC for last day

Please do NOT bring:

- Valuables
- Electronics
- Cell Phones
- Fireworks
- Electric hair tools



Peace River Packing Only



Clothes:

Pack in several small plastic bags that seal. Pack smaller bags in larger plastic bag (garbage bag size). Put larger plastic bag in cloth bag such as duffel bag or pillow case and tie. Cloth bag protects plastic bag from punctures. Squeeze air from bags before sealing. Put in 5 gallon bucket or waterproof gear bag.

Sleeping Bag:

It should be in two garbage type plastic bags inside a 5 gallon bucket.

Toiletry Articles:

They can be in plastic bags inside small drawstring cloth bags. It is good to have these packed separately so you can get to them without risk of other things getting wet.

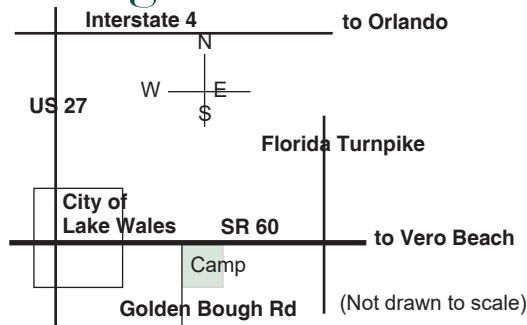
Note: Lake Aurora does not provide 5 gallon buckets for personal gear.

Other items that need to be protected from water can be packed in a similar manner.

Deposit is NOT Transferable or Refundable

8x10 Group Photos may be purchased at check in for \$6. Other souvenirs available in T-shirt Shoppe at check in and pick up.

Driving Directions



Lake Aurora is located just south of S.R. 60, about 8 miles east of U.S. 27 or 40 miles west of the Turnpike. It is on Golden Bough Road, a paved road turning south off S.R. 60. A camp sign is on the SE corner of Golden Bough and S.R. 60, and a Shell Gas Station is on the SW corner.



Lake Aurora Christian Camp
237 Golden Bough Road
Lake Wales, FL 33898
863/696-1102 www.lakeaurora.org



est. 1947

Lake Aurora Christian Camp
presents its 76th summer camp



Life

Expeditions

Peace River
Canoe Trips

Information
Summer 2023

Welcome to... Life Expeditions



Life Expedition Prices...

include all meals, tentage, entrance fees, guide contract fees, and transportation costs. Participants are responsible for their own personal items, sleeping bags, and miscellaneous spending money.

Each Program...

has a minimum and maximum participation limit. If the minimum quota is not reached two weeks prior to the running of a program, we may find it necessary to cancel and refund all fees. In an extreme situation it may be necessary to cancel due to weather conditions, in which case refunds will be made.

We partner with *Survival by the Word*, a nonprofit group that excels in outdoor adventures. Randy Garland leads this organization and our Life Expedition programs.

Voice in the Wilderness

LE ViW - June 4-8

Dir: Randy Garland

Based at Lake Kissimmee State Park. Tent camping with access to bathhouse.

Check in 4-5:00 p.m. on Sunday. **Pick up Thursday at 10 am**

Peace River Trip

LEcanoe 7-9 - June 25-29

Dir: Randy Garland

LEcanoe 8-10 July 23-27

Dir: Randy Garland

1st & last night on LACC campus. Two nights on banks of Peace.

Check in 4-5:00 p.m. on Sunday. **Pick up Thursday at 10 am**

Smoky Mountain Backpack

LE SMBP 912 - June 18-23

Dir: Randy Garland

Check in 4-5 pm Sunday. Leave Lake Aurora campus at 6 pm on Sunday for North Georgia Vogel State Park return on Friday.

Pick up **FRIDAY at 4 pm**

Spiritual Survival

LE SURV 9-12 - July 9-14

Dir: Randy Garland

Lake Kissimmee State Park

See Director Letter for important prep info.

Check in 4-5 pm Sunday. **Pick up Friday at 2 pm**

Check in Time -- 4-5 PM

Pick Up - Vary by program.

Please verify day and time.

Upon arrival...

Enter **1st camp entrance** off Golden Bough Rd, take the first left and follow "LIFE EX" signs to the RV Loop and report to "Egret's Landing" shelter for check in.

In your hand please have:

- Your confirmation
- For Life Ex campers... **health/permission form (located on website "What to Bring" page)** which must be completely filled out with a **notarized** parent's signature. We do have a notary on campus for your convenience.
- Medication (original bottles or photo of bottles & pill with name/dosage, must accompany if put in daily dispenser) that must accompany you on your trip.

Important Info...

- ★ Each camper will have their temperature taken & answer recent medical history questions prior to unpacking gear. (No one with a temperature of 100.4° or higher will be admitted into Life Expedition programs.)
- ★ Be sure your ride stays with you until after you are checked in with the Lake Aurora staff.
- ★ An itinerary will be on file in the camp office and will be available for distribution during the program.
- ★ If someone needs to get a message to you while you are on the trip, have them call the camp office (863/696-1102) and leave the message. The trip leaders will be calling in from time to time and the message can be passed on. A cell phone is taken on the trip but used for emergencies only.
- ★ We are unable to house and care for campers wanting to stay over the weekend when they are attending two consecutive programs. Please arrange to be picked up at the close of each program.
- ★ Facebook Group - Director uses Survival by the Word Facebook page to upload photos on the trip when cell service is available. Photos on BunkOne at end of summer.

Please remember...

- Turn in all medication to the leader checking in the program. (Original containers required - "daily organization system" must be supported with original Rx) Camp staff certified in First Aid and CPR will dispense medication on the trip or on campus.



For your safety and benefit these reasonable rules will be expected and followed:

- A**ttitude ~ Christian conduct and character is expected at all times.
- T**ime ~ You will be expected to follow the schedule.
- M**issing ~ You will not be permitted to leave the grounds except for scheduled excursions.
- O**n & Off ~ Your clothing should be of a modest nature. The standards of the world are not the standards of Lake Aurora. This especially includes swimsuits. If clothing is inappropriate or immodest, you may be asked to change.
- S**ickness ~ All sickness and accidents must be reported to your counselor or camp nurse promptly. Lake Aurora has a modest accident insurance policy covering each camper.
- P**romotion ~ Shirts and clothing promoting alcohol or tobacco products, suggestive statements, grotesque scenes, or other graphics not consistent with a Christian environment may not be worn or displayed. This will include bumper stickers & signs on vehicles.
- H**ealthy ~ Tobacco, alcoholic beverages, and illegal items & other such products are not permitted.
- E**ducation & Electronics ~ To maximize the camp experience ---Smart devices, music/dvd, gaming devices/players, radios, Tablets/lpads, etc. **should not be** brought.
- R**ights ~ While at camp your rights will be determined by The Golden Rule of Christ. Christianity is and always has been a religion that was based on one "denying one's self". This principle will affect what you say, what you do, what is expected of you, & what you can expect from others.
- E**mergency ~ Parents/Guardians will be notified of any emergency. Cell phones are not permitted for campers. The Leader of the Life Ex trip will be checking into the office at scheduled times during the trip. Campers will not receive email or postal mail on trips

Please be sure you & your parents read all of this information brochure.



MEMBER

Address postal mail to: **Christian Camp Leaders**

Camper Name, Program Name

Lake Aurora Christian Camp
237 Golden Bough Road
Lake Wales, FL 33898

863/696-1102 info@lakeaurora.org

